



EL PASO COUNTY EMERGENCY SERVICES AUTHORITY

FOR IMMEDIATE RELEASE

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El Paso County Emergency Services Authority Reminds You to Be Safe This Fall

El Paso County, September 22, 2015 – As summer winds to an end, children return to school, leaves fall from the trees and there is a chill in the morning air we know fall is right around the corner. It is time once again to start the fall outdoor traditions of cleaning up after summer and preparing for winter. Tasks such as cleaning gutters, painting trim and mowing grass can be hard work and hazardous. The Emergency Services Authority and its member agencies want to remind you to be safe this fall.

Stretch before hard work and take breaks when you start feeling fatigued.

- Dress appropriately. Check local weather reports; choose clothing that is appropriate for the forecast and that won't get caught in equipment you anticipate using.
- Wear safety gear. Safety glasses, ear protection and gloves should be worn to avoid injury.
- When picking large items up use your knees and ask for help when lifting heavy items.
- Know your limits, ask for help and don't lift something that is too heavy.
- When using a ladder place it on a firm level surface and check to make sure it is locked in position. Make certain the ladder is in good condition; check it for loose fasteners, jagged edges and that all hinges and joints move as they should. When climbing ladders make sure you maintain three points of contact with the ladder at all times.

“We want everyone to be safe out there, make sure you wear safety equipment, know your limitations and be extra careful when climbing ladders and moving heavy objects” –Fire Chief Carl Tatum
Chairman El Paso County Emergency Services Authority Board.

The El Paso County Emergency Service Authority (ESA) is comprised of over twenty area fire departments and other emergency first response agencies. The ESA was established in 2014 between the City of Fountain and El Paso County to provide for uniform ambulance service in El Paso County, Colorado

It is the goal of the ESA to provide excellent emergency medical and ambulance transport services to citizens and visitors throughout El Paso County.